



# SERA NEWSLETTER

SOUTHEAST ENDURANCE RIDERS ASSOCIATION

## President's Message

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"We would like to thank the Endurance community for all the cards, letters and expressions of sympathy to our family during this time as we grieve the loss of our son Scott. We are truly grateful to all the love shown for us and for Scott."

Emilio and Suzanne Solis.

By the time you get this the 2015 ride season will probably be over. (My fault this is late-not Nancy's!) SERA had a good year with a good number of rides and pretty good rider participation. We have had some down periods with 4 fatalities in SERA sanctioned rides this year. This is a reminder to us that this is an extreme sport and not just a trail ride! Also reminds us it is not always the front runners that get in trouble. And sometimes things just happen.



Hope everyone has seen the flyer about the annual meeting. Be sure you get your reservations made soon as the block of rooms closes by the end of the year. We have a great line up of speakers and we are doing a Friday afternoon clinic as well again this year. We are also looking forward to an awesome awards dinner! Be giving some thought to stepping up and taking part in the running of your organization. We will be electing directors and officers at the business meeting this year!

The 2016 ride year is starting to stack up as another year with a bunch of good rides! We already have 15 rides on the schedule with more being added. Hope you all will make it to a bunch of rides-to ride or to help!!

See you down the trail!!!

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Tennessee- Sudi Lenhart

Virginia- Lynne Johnson, DVM

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Sanctioning Director-

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Director- Duane Barnett, DVM

**Newsletter editor-**

Nancy Sluys

**Editor's Notes-**

Hi Folks,

Once again my message is about rolling with it. It's good to have a plan but make sure that plan is flexible as many things can

happen on the way for the better or worse. In the last issue I had changed my original plan (Able in the 50, Zanie in the 100) and decided to ride Able in the AERC NC 100 as he had just put in a glowing performance at Big South Fork. Fate stepped in, however, and he developed a cough the week before leaving so I switched my plan back to Zanie for the 100 who was rested and ready. I volunteered to crew for several 50 milers on Thursday.

We had a fantastic time, magical in fact! It was a beautiful weekend and everything went perfectly for us. We had fun, rode with some great people, made good time, had good luck and finished in the top ten with a great looking horse! I really couldn't think of a better way to spend my time that weekend! So, when things hit a snag just switch gears, whether it's switching horses or volunteering instead, make it work for you and keep moving forward!

Happy Trails, Nancy Sluys



# Barefoot Beach Run, October 17, 2015 by Ruth Anne Everett

If you are looking for a festive endurance ride in a relaxed atmosphere, go to the Barefoot series endurance rides at Catoosa Stables in Crossville, Tennessee, conveniently located off I-40.

Aubree Becker, Sylvia Roberts, Hillary Tuttle and team offer an unsurpassed endurance riding experience. The Barefoot Beach Run was a beach themed endurance ride. Catoosa Stables has stalls and primitive campsites, electric hook-ups, all close to a lovely main barn with large meeting room. Aubree offered two 25 mile rides on Saturday with the 50 mile ride. A delicious potluck dinner with special beach themed beverages was the Friday night event along with the ride meeting. The ride T shirts were beach themed and everyone who entered received one. Elise Rogers and I rode the 50 mile ride together. We had a blast! The trails offer a variety of woods, some hills, riding along a creek, and gentle gravel roads. Completion rates are high. Veterinarians this year were Ike Nelson, Deidre Huff and Vicky Bochynek.

The Barefoot Beach Run, the spring 2015 Barefoot Derby and the 2014 Barefoot Shine and Wine were relaxing, well managed, and memorable events. Mark your 2016 ride calendars and enjoy the party at the Barefoot Mardi Gras Crawl April 8/9 and the Barefoot Run for the Booty October 14/15.



Photos  
by  
Jessica  
Willis



# Save the Date!

The SERA and GERA Convention and year-end awards will be held on Friday, January 15, 2016 and Saturday, January 16, 2016 at Amicalola Falls State Park in Dawsonville, Georgia.

Friday's clinics will begin at 2:00 p.m. and feature Dr. DeeDee Huff and "Drug Rules for Dummies and the Chemistry Crockpot", and Sudi Lenhart, who started this sport in 2008 doing limited distance rides and now has 8 100 mile completions, presenting how to move up with "You Never Know Where The Trail Leads Until You Get There."

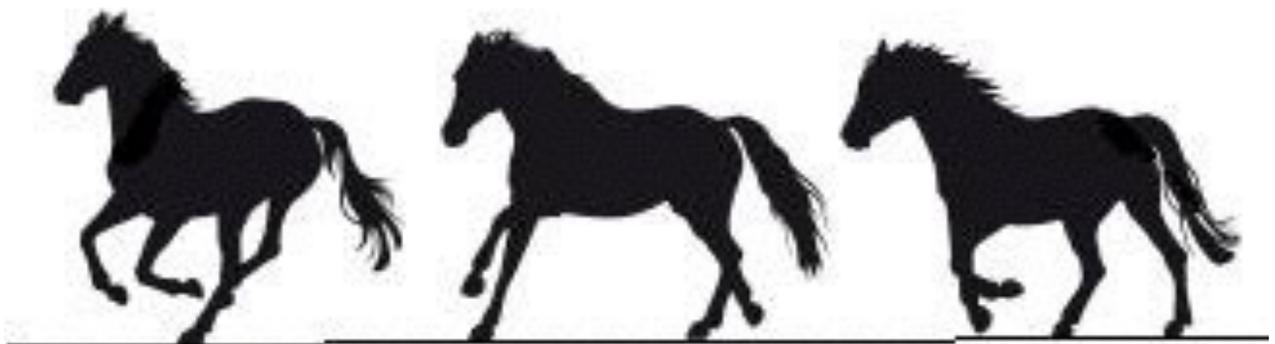
Saturday's line-up includes business meetings for GERA and SERA, guest speakers, awards, dinner and after dinner, The Men of Soul will play until y'all shut it all down.

Our guest speakers on Saturday are Dr. DeeDee Huff presenting "What Bloodwork Can Tell You About Your Horse", and Dr. Mike Yoder presenting "Equine Form to Function of the Performance Horse."

**NOTE, SERA AWARDS NOMINATIONS ARE DUE BY DECEMBER 15!!**

We have a block of rooms set aside at Amicalola Falls State Park at \$90 per night for the Lodge Rooms, \$109 per night for the 1 bedroom dog friendly "Dog Cottage", and \$139 per night for the 2 bedroom "Dog Cottage". In order to reserve a room, you will need to call 706.265.8888 Monday through Friday and tell them you are with the Southeast Endurance Riders. You will not be able to book online. Any unlet rooms in our block will be released by December 31, 2015, so book your rooms soon!

~ More Details Coming Soon ~



## AERC National Championships at the Old Dominion by Nancy Sluys

When the announcement came that the 2015 AERC National Championships were going to be hosted by the Old Dominion I knew it would be a class A event and they did not disappoint! The grounds were all spiffed up with beautiful landscaping and plenty of new gravel on the camp road. Many volunteers were in place to make the weekend go smoothly. The trail route was modified to account for the shorter daylight hours and it was marked impeccably by the the motorcycle crew.

The 50 mile trail went to Bird Haven, then to Laurel Run where no crews were allowed then back to Bird Haven before heading back to camp. I was crewing for several 50 milers so spent my day at Bird Haven, which is a lovely spot shaded with trees. With so much time on our hands at this one vet check there was a lot of socializing to do and general fun to be had. They set up a leader board so everyone could keep track of the riders, it was fun! The temperature was warm enough for a t-shirt but not excessively so, it was a lovely day for a ride. The trail was in good shape and the horses were flying. Cheryl Newman and JS Comet bested the field, turning in a finishing time of a smoking 5:12 for the 50 miler!!



Verena Stock and King Tiki timing out at Bird Haven



You better not move! Cheryl Newman at the BC judging



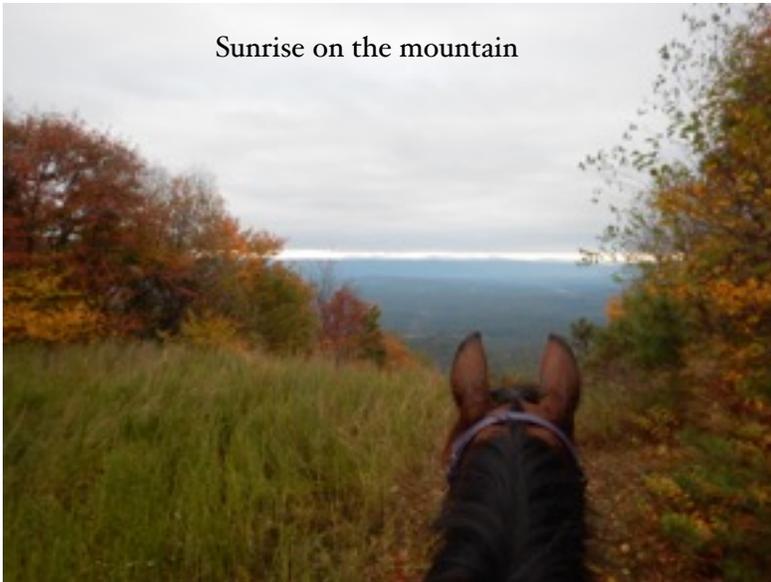
Claire Godwin and Ahmose

AERC National Championship  
50 Mile Endurance

10/08/2015

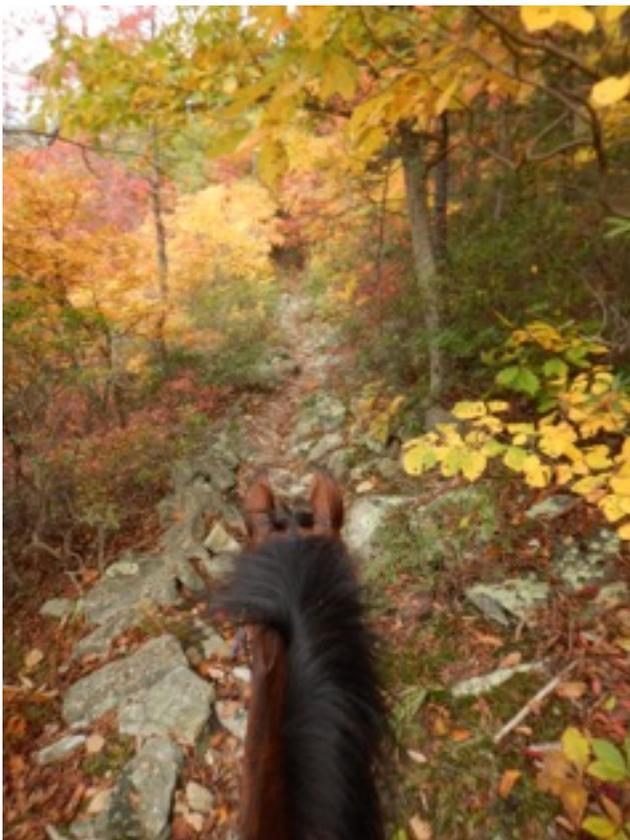
Ride #	Rider	Div	Horse's Name	Ride Time	
1st	517	Cheryl Newman	F	JS Comet	5:12:10
2nd	502	Colleen Greene	L	Noble Prince KBS	5:37:37
3rd	529	Claire R. Godwin	F	EH Ahmose	5:43:54
3rd	546	Laura J. Bramel	F	RHS Sitara	5:43:54
3rd	530	Alex Uspenski	H	Marton	5:43:54
3rd	516	Gina Hagis	F	Lumina	5:43:54
7th	540	Verena Stock	L	King Tiki	5:47:50
8th	525	Sallie S. Sullivan	H	Ivan Groznyi	5:48:00
9th	542	Jesse Jarrett	M	Smoke Deuce	6:02:43
10th	536	Holly R. Corcoran	L	Poete	6:04:52
11th	515	Tom Hagis	M	Indian Reinman	6:16:34
11th	537	Doug Lietzke	M	GE Menlara	6:16:34
13th	501	Teri Carroll	L	Awesome Wolf	6:50:41
14th	531	Miriam Anver	L	Hail To The Chief	6:59:47
15th	513	Angela Gross	L	WMA La Princesa	7:02:52
15th	539	Amy Stone	L	Farah's Testamony	7:02:52
17th	527	Carol Federighi	L	Lily Creek Legacy	7:06:21
18th	518	Stagg Newman	L	FFC First Csea Lord	7:06:55
19th	510	Juliette Fusiarska-Cannon	L	Birgham CA	7:19:55
20th	524	Peggy Thompson	M	HRA El Akhira	8:11:09
21st	503	Sarah E. Buckley	Jr	Cliffes Copper Penny	8:14:10
21st	541	Kelly Lane	L	Sams Dividend	8:14:10
21st	512	Karen Neuenschwander	L	Rushcreek Brooke	8:14:10
24th	506	Dana Reeder	H	LB Magnolia	8:20:55
25th	533	Jennifer Smith	F	Hollybriar Sungod	8:30:58
26th	514	Cathryn Rice	F	Epyc	8:57:29
26th	509	Paula Brown	L	Elektronic	8:57:29
28th	521	Nancy Kain	L	Blew Away	8:58:53
29th	523	Lani Newcomb	H	LB Brimstone	9:39:12
30th	545	Elyse Carreno	F	VA Chazz Chianti	9:39:20
31st	508	Diane Connolly	L	Major Melody H	9:51:42
32nd	520	Michelle Rice	F	TEF Lunar Eclipse+/-	10:13:51
32nd	532	Lauren DiOrio	H	Getcha Good PW	10:13:51
	505	Nicholas Irianni	L	WBF Soldiers Tribute	Lameness
	507	Dodie Sable	M	Crazy Daizy	Lameness
	538	Roxanne Ciccone	F	Mr Sapphire RS	Lameness
	544	Skip Kemerer	H	Samir Moniet	Lameness
	526	Heidi Perreault Rajala	F	ValleyDictorian	Metabolic
	543	Bryna Stevenson	F	WP Angel Girl	Metabolic
	504	Stephanie Hendrickson	F	Jayel Paladin	Metabolic
	528	Brian Coss	M	Lily Creek Bakari	Metabolic
	519	Rebecca N. Bianchi	L	SA Galt	Rider Option Lame

The morning of the 100 mile AERC NC dawned cool and bright and the horses were feeling good as they left camp. The colors were spectacular with the cold snap coming on. Volunteers and crews worked late into the night to see everyone through this tough 100 mile trail. The change in the trail and the lower temperatures allowed the horses to move out faster than the usual Old Dominion ride in the summer, resulting in a blistering 12:15 ride time. Bryna Stephenson (16 years old!) came out on top in the end in a spectacular finish along with the BC award! For a very detailed account of the 100 mile ride feel free to go to my Facebook page in the notes section where I wrote a story about my experience riding my mare, Zanie, to a top ten finish. Thanks to all the volunteers who made this first class ride possible! The SERA really stepped up!!



**Photos  
by  
Nancy  
Sluys**

Bryna and Maddie at Laurel Run



Amazing color and ROCKS!!!!



Vet check at Laurel Run

AERC National Championship  
100 Mile Endurance Ride

October 10, 2015

Ride #	Rider's Name	Div	Horse's Name	Ride Time
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1st	124	Bryna Stevenson	F	Whisperstreams Atropine	12:14:57
2nd	117	Carol Federighi	L	Lily Creek Stetson	12:15:01
3rd	114	Sarah Schick	L	Legalas	13:16:31
4th	119	Claire R. Godwin	F	PL Mercury	13:16:35
5th	128	Ann Yancey Mebane	F	HH Saba Shams	14:00:35
6th	107	Pamela J. Karner	L	Clunk	14:22:51
7th	126	Jennifer L. Poling	F	Prado CF	14:22:53
8th	113	Tom Hagsis	M	Ali Mostafa	15:31:48
8th	121	Nancy Sluys	L	FYF InZane+	15:31:48
10th	105	Trisha Juerling	L	Busy	16:10:18
11th	103	Taylor Stine	F	Wonder Witch	16:10:19
12th	120	Angela McGhee	F	ALA Thor	16:14:36
13th	116	Suzanne Solis	L	Khorvet	16:14:38
14th	104	Richard Stedman	M	Second Wind Soldier	16:53:32
15th	102	Sarah Jack	F	Wyns Moon Tyme Rebel	17:13:31
15th	111	Kally Kuehler	F	Indian Aura	17:13:31
15th	127	Melissa Lenter	L	French Fyr	17:13:31
18th	112	Rachel Lodder	F	El Dakaragorn Bey	18:37:39

101	Dale Weaver	M	Luminaria	Metabolic
106	Liz Moran	F	LM Sammy Almajid	Rider Option
108	Gordon Morrow	H	Canyon	Lameness
109	Debra Lynne Gilbert	F	Mercuric	Lameness
110	Marzena Piwko	L	Ridin Miss Daisy	Metabolic
115	Kathy Broaddus	L	Cowbboy Bob	Pulled
118	Meg Sleeper	L	Syrocco Rabia	Lameness
122	Kelly Stoneburner	L	Lazerus	Lameness
125	Lisa C. Green	L	Amana Tabi	Rider Option

# More scenes from the AERC National Championships



Samm Barteo hard at work!



Pam Karner and Clunk



Timers Patty and Dane Osbourn



Alex Uspenski and Marton



On the 100 mile trail



Stagg Newman and Dr. Jim Baldwin

Photos by Nancy Sluys

I missed getting this article in the last newsletter but still wanted to share it with everyone so, better late than never!

## Kentucky Moonlight Ride Story Or Colonoscopy Thursday, Moonlight Ride Friday July 31<sup>st</sup>, 2015 Shaker Village, Harrodsburg, KY- by Cindy King

For some back ground, I rolled out of my saddle at the Leatherwood Ride the end of March and fractured my wrist requiring a plate and eight pins. This was after conditioning my young, LD, Tennessee Walker all winter. I finally figured out, following doctor and vet. consults that I was slipping severely left in my saddles due to wearing a bulky brace with metal stays on my arthritic right knee. By June, I successfully rode Safety/ Drag at the VA. Highlands, Competitive Trail Ride. So , I decided to do a LD ride in July. Looking at distances from home, I decided to go to the KY .Ride. This was after having a colonoscopy of Thursday. I also had two friends living in the ride area that I hadn't seen in a while, so off I went.

I had my 1998 truck and 2000 horse trailer checked over prior to the 500 mi. round trip. The truck received two new front tires, an oil change and AC charge/repair. Trailer had brakes semi- adjusted as they were grabbing. I was told truck needed \$500 more repairs but those could probably wait until my return. Trailer needed further work on brakes that could also wait.

I decided to drive up Fri. am and do the Moonlight Ride that night. I had a good trip with my horse, Roto Moto and my dog, Mojo. Harrodsburg is close to Lexington and the closer we got, the more beautiful horse farms we saw. Shaker Village is the historical site of a former Shaker community. The land is fenced with limestone and board fences and is mildly rolling. Most trails in the fields are mowed. The wild flowers were amazing. . Sections of the property go thru woods and cross streams. Many large, brick buildings from the Shaker era were still standing. It is sort of an austere Biltmore.

There were horse trailers there when I arrived and more came in during the rest of the day. I parked where John Rogan, ride manager, directed me to go, right next to a big living quarter trailer. Well, it turned out the trailer contained two Tiger Horses ( gaited, Appaloosa marked horses ) owned by "Lucky " Duffy and her cool, young son, Steve. I knew of Lucky from my Yahoo Group,, Gaited Endurance Riders. I was so happy to meet her, her son and their horses. Our horses vetted in fine and we did end up riding together on most of our ride Fri. night. This was Steve's first endurance ride. I did notice some FEI riders from Kuwait? They said they were riding the LD. This ride had a 25 mi. LD and a 50 mile ride.Valery Kanavy (Olympic Team Endurance Rider) was also present. Riders from the SE and MW regions were present and also, quite a few First Time Riders.

The day time was very hot and there was no shade in the parking area. The ride meeting was interesting. No maps were handed out due to it being a Moonlight Ride. Lots of verbal instructions and promises that the trails were well marked were given. My head began swimming with all the info.. A BBQ dinner for Friday night was listed as part of the entry fee. I want to eat but knew eating a big meal and riding isn't a great idea, especially with hot weather added, and my post colonoscopy status.



Roto Moto had been kind of spooky all day. Thus has been a new state for him following my fall at Leatherwood. I was somewhat nervous about the spookiness, since I was still well aware of my post broken wrist. The 50 milers went out and we went out about a ½ an hour later at 7 pm. That gave us until 1 am to finish on time. “No sweat”, I thought. Moto went out quite excitable and stayed that was through about ½ of the first loop of 15 mile Blue trail. He easily moved out with most of the trotting and cantering horses at a running walk and would even slow down some when asked. All the riders that I encountered were very especially polite and supportive of other riders. The trail was well marked.

Well, the sun went down and later, the moon came up. It is not like the sun goes down and immediately, there is full moon light. While riding along, I realized I had already passed the same barn I was now passing. So did some other riders! I then remembered John’s advice about “don’t miss the turn off the loop.” Yup, we missed it. It took us a while to find our way off the loop and back to camp. I was over time getting in from the 15 miles and so were others, including Lucky and Steve. The ride staff encouraged us to continue riding. While we wouldn’t get an AERC Completion, the Moonlight Ride would recognize that we finished the ride and we’d get a ride tee shirt! So out went Lucky, Steve and I to do the 10 mile White trail in the moonlight.

All the trails were marked with ribbons, turn arrows and glow lights. There was moon light in the open fields. No moonlight in wooded trails that were thankfully, usually short. We did not carry lights. Some folks had helmet lights or other bright lights. These tended to scare our horses. When asked to turn off their lights while near us, every rider was very considerate and did exactly that. I made two possible errors when riding in the woods. No eye protection, i.e. goggles, and I wore a tank top, i.e.: no sleeves. The branches tore up parts of my shoulders, like wooden tiger claws, since it was hard to see to avoid them. To me, it was harder to ride, even in the open, when I wasn’t exactly sure, because of the diminished light, how rough the footing was and where the few rocky sections were. This made us travel slower, as did the fact our horses decided they were very hungry and all of us had been up for about 20 hours. Young Steve decided his mare made a good pillow and started napping some on her. One lovely spot seen on this loop was a multi level waterfall with several streams of water falling over it. It glowed in the dark and was stunning.

At long last we arrived in camp, over time but safe and sound. Our horses all recovered nicely, especially Steve’s mare . The BBQ was still hot and waiting, so after I put Roto Moto away, Mojo, the dog, and I had some and it was excellent, as were baked beans with peaches! I think I finally went to sleep about 3:30 am.

The awards ceremony was at 8:30 am, Saturday morning. I received my tee shirt and decided to head home rather than spend more time in the hot parking area. We had a good trip home and all arrived safe and sound. I need to mention how happy I was to see Mary Rossano, She visited me at Shaker Village.. I haven’t seen her since she was around 12 years old. We both grew up in Clarkston , MI and her older siblings were friends of mine. She is now Dr. Rossano, a professor at University of KY in the equine program and an Arabian fan. I also saw Angela Lee. I haven’t seen her in about 15 years. Angela lives in Danville, KY and raises and shows American Saddlebreds.

She has provided me with some really good horses to competitive trail ride when we both lived in North Carolina. And finally my last bit of excitement, I was watching a big moving .black horse while out on the trail. He looked like a hunter but had rounded action. I asked: “what kind of horse is that? Answer: “an Akhal Teke!”. Wow!! One of my bucket list horses! Thanks to all who put on this interesting and challenging ride.

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**Lyn Owen**

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**A Few  
Pics  
from  
Hope for  
Horses at  
the Biltmore**

**photos by  
Becky  
Pearman**



**Sarah Baker**

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***CAMP OSBORN***  
***BOY SCOUT POW WOW***  
***February 5 & 6, 2016***

**RIDE MANAGER**

Kim Williams

1242 Double Pond Rd

Ponce De Leon, FL 32455

H-850-859-2461

C-850-259-2648

**ASSISTANT MANAGER**

Eric Ginter

480 Camp Osborn Road

Sylvester, GA 31791

H-229-777-9618

C-229-317-1757

**SANCTIONED BY AERC, SERA, SEDRA & GERA**

**WHERE?** Camp Osborn Boy Scout Camp, 480 Camp Osborn Road,  
Sylvester, Georgia 31791.

If you have any questions please feel free to contact either of us at the telephone numbers shown above and we'll be glad to answer your questions. Hope to see you there!

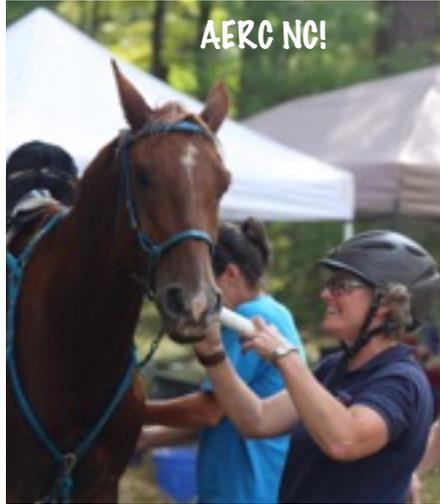
Download entry at [www.aerc.org](http://www.aerc.org)

# More Scenes from SERA Country!



Sandhills Stampede!

© Becky Pearman Photography



AERC NC!



Sandhills Stampede!

© 2015 Becky Pearman Photography



Barefoot Beach Run!

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Broxton Bridge!

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AERC NC!



AERC NC!



Hope for Horses!

© 2015 Becky Pearman Photography

**Please be a contributor!!**

**If you don't see a story about your favorite ride it's because you didn't write one!**

**Please send me yours!!**

**email- [minglewood@surry.net](mailto:minglewood@surry.net)**

**Deadline for the next issue**

**January 15**

**Thank You, Nancy Sluys**



**Happy Trails!!!**